

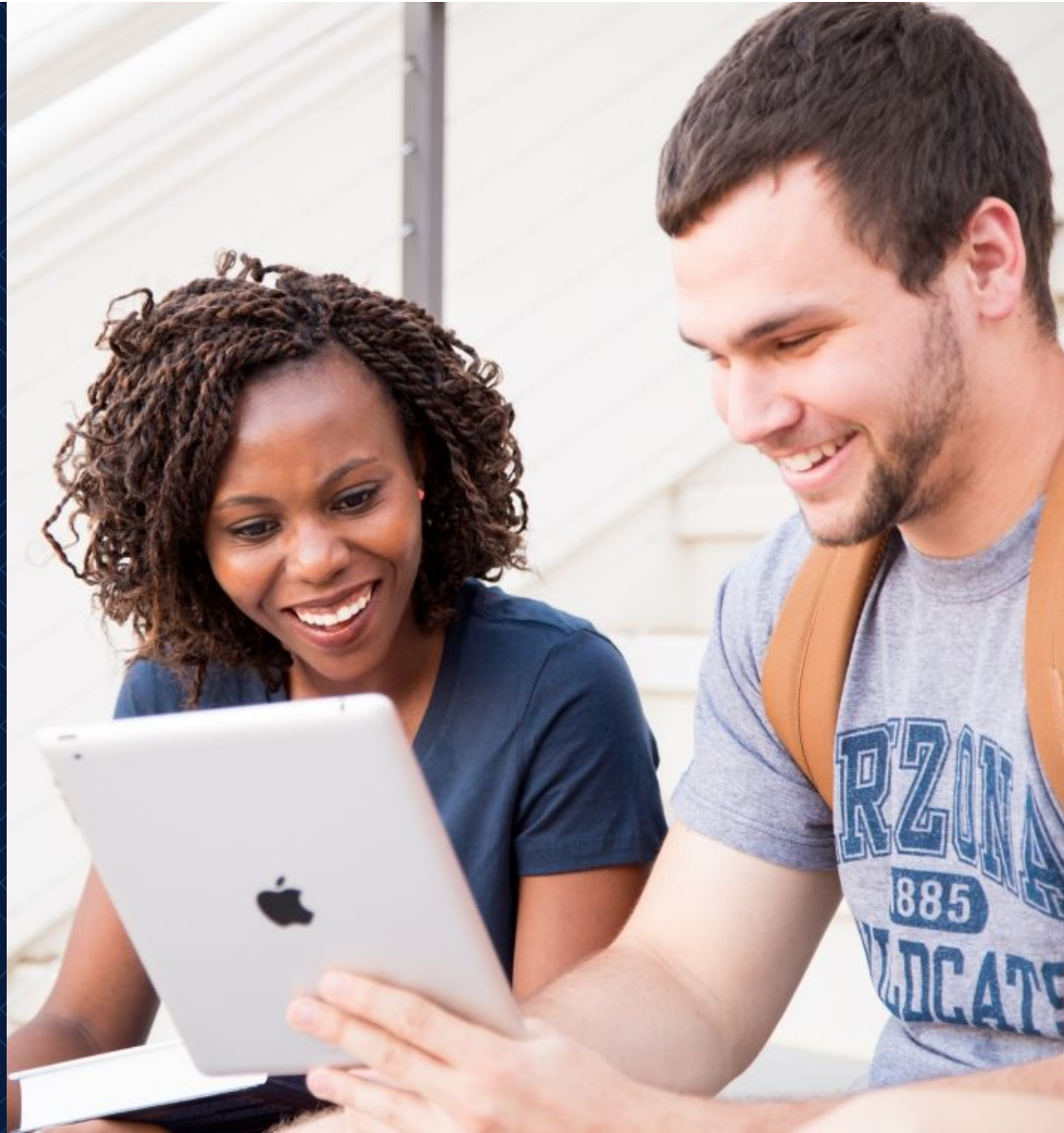


# Assess the Impact of Mentorship on Academic Progress



# A guide to best practices and tips to make your virtual experience seamless

- Upon entry, audio is on mute
- Ensure your camera is on
- Adjust your video layout to speaker view
- Chat your name and institution!
- Q&A at the end



# During this event, you'll learn:

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- How to **conduct your own impact analysis** connecting mentorship to academic progress
- Multiple approaches to using your data within your institution to **enhance the effectiveness** of your mentorship programs and student success strategy
- **Practical ways to translate data** findings into initiatives that create stronger, more inclusive learning environments



# Let's get to know each other

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# Meet the Research Team



**Ciji Heiser, Ph.D.**  
**Founder, Co-Creating Action**  
**American University**  
**New England College**



**Annemieke Rice, M.S.**  
**Vice President, Partner Success**  
**Mentor Collective**





# How do we measure academic progress?



- Credit accumulation
- Credit completion rate
- Selection of a program of study
- GPA
- Retention rate
- Persistence rate



Source: <https://www.ihep.org/press/toward-convergence/>

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# What we know:

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- **Academic self-efficacy** is closely associated with academic performance.
- Help-seeking behavior is tied to overcoming challenges and achieving academic outcomes, however there is evidence that students needing the most help may not seek it.
- Studies show that students receiving mentorship had **better average grades** and **passed more courses** in year one of their program of study
- Mentorship has been demonstrated to be an effective intervention in **increasing help-seeking behavior** through social normalizing and increased awareness of resources



# Understanding Impact Through Analysis

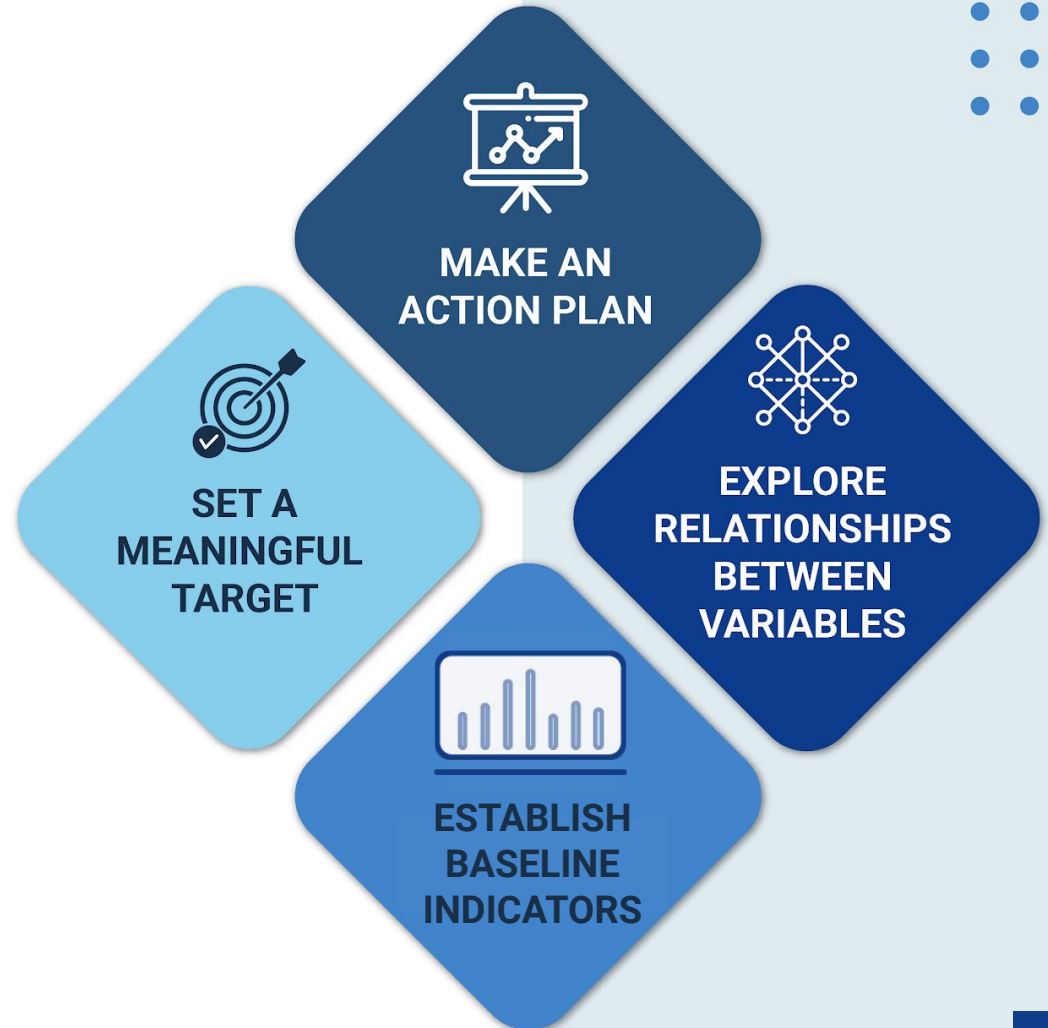






MENTOR  
COLLECTIVE

# Suggestions for Understanding Impact



- What is the number of first-time, full-time, students who complete 80% of courses attempted each semester?
- What is the number of first-time, full-time students who earn 30 credit hours each academic year?
- What is the number of undecided students in term 2, term 3, and term 4?
- What percent of students choose a major after one semester?
- What percent of students choose a major after one year?



**ESTABLISH  
BASELINE  
INDICATORS**



- What would be a meaningful difference from baseline?
- What results would you expect or hope for from mentees? Mentors?
- How does that target differ by subpopulation?



**SET A  
MEANINGFUL  
TARGET**



## For students who are mentored and matched...

### ***Academic progress and academic self-efficacy***

- What is the most recent academic progress score for students with low, medium, or high academic self-efficacy?

### ***Academic progress and academic help-seeking***

- What is the most recent academic progress score for students with low, medium, or high academic help seeking?

### ***Academic progress and demographic status***

- What is the most recent academic progress score for participating students based on demographic status, such as gender, versus non-participating students by the same demographic status?



**EXPLORE  
RELATIONSHIPS  
BETWEEN  
VARIABLES**





## MAKE AN ACTION PLAN

Actionable data	Strategies	Target	Person Responsible	Due Date
Transfer students who are mentored have higher academic progress indicators than the five-year institutional average.	Maintain our mentoring program to foster transfer student success.	Maintain our current academic progress indicators targets.	Mentor program coordinator	5/30/2025
	Share findings with this year's mentees and mentors, next year's mentees, Provost's Council, Student Affairs Leadership Team, and Student Organizations.		Dean of Student Success	8/30/2024



# Conduct Your Own Impact Analysis







# 6 Steps for Impact Analysis

STEP 01



Clearly identify  
the populations  
and the  
timeframe

STEP 02



Identify the  
relevant fields  
needed

STEP 03



Obtain and  
merge data

STEP 04



Create a  
pivot table

STEP 05



Reduce the  
data

STEP 06



Articulate  
impact  
statements

STEP 01



STEP 02



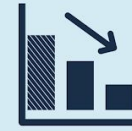
STEP 03



STEP 04



STEP 05



STEP 06



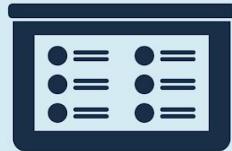
## Identify populations and timeframe

- **Population:** First-time, full-time students in their first term of enrollment were given a mentor.
- **Timeframe:** The analysis includes students enrolled in fall of 2023 and spring of 2024.

STEP 01



STEP 02



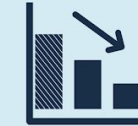
STEP 03



STEP 04



STEP 05



STEP 06



## Identify relevant fields

### From MC:

**Institution ID\***

Role

Program Status

(Any other data you  
want to relate!)

### From SIS:

**Institution ID\***

Institution-Provided Email

Courses (or Credits) Attempted

Courses (or Credits) Completed

First Term of Enrollment

Current Term of Enrollment

Declared major (y/n)

Term G.P.A.

Cumulative G.P.A.

Meaningful Demographic  
Variables

# GATHERING & PREPARING DATA



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STEP 01



STEP 02



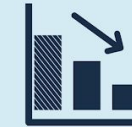
STEP 03



STEP 04



STEP 05



STEP 06



# Obtain and merge data

University ID	Campus Address	Mentor College	Role	Program Status	Race/Ethnicity	Gender	First Generation	Credits Attempted	Credits Earned	Courses Completed	Courses Attempted	Declared Major
599988	sonia.abraham@2056599		Mentee	matched	White	Male	N	15	12	4	5	Y
368618	diane.allan@upli1973959		Mentee	matched	White	Male	N	3	3	1	1	Y
944929	gordon.allan@u423157		Mentee	matched	White	Female	N	12	12	4	4	Y
304165	stephen.allan@u1971029		Mentee	matched	Hispanic/Latino	Male	N	6	6	2	2	Y
643411	harry.alsop@upli1973699		Mentee	matched	White	Male	N	3	0	0	1	Y
469016	tracey.alsop@up718740		Mentee	matched	White	Female	Y	6	6	2	2	Y
581327	alexander.andert984037		Mentee	invited	White	Female	N	6	3	1	2	Y
876933	kevin.anderson@830303		Mentee	matched	White	Male	N	6	6	2	2	Y
710486	heather.anderson1971074		Mentee	matched	White	Female	Y	3	3	1	1	Y
223819	rachel.anderson423120		Mentee	invited	White	Female	N	6	6	2	2	Y
310049	elizabeth.anders1971462		Mentee	matched	Hispanic/Latino	Female	N	6	6	2	2	Y
410643	nicholas.andersc1971354		Mentee	matched	White	Male	N	15	15	5	5	Y

# MERGING DATA



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STEP 01



STEP 02



STEP 03



STEP 04



STEP 05



STEP 06



# Create a pivot table

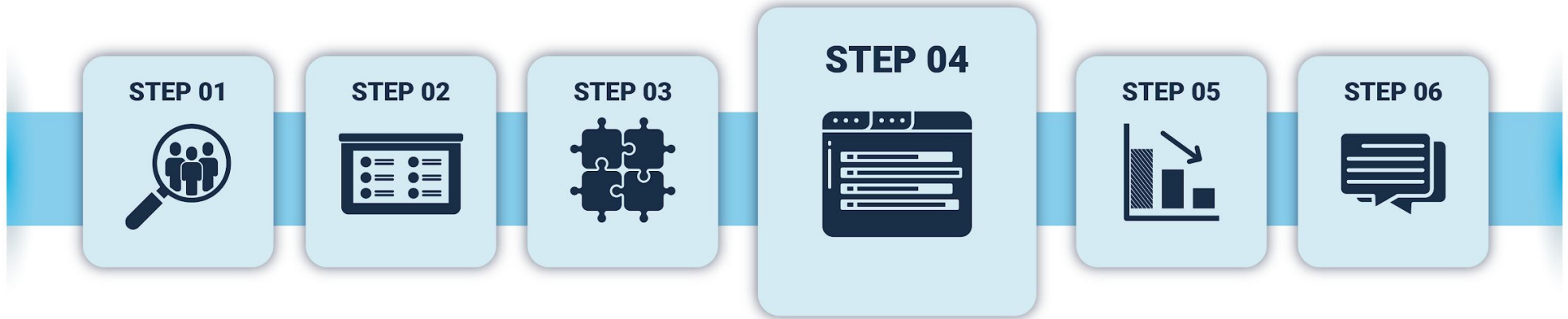
<i>SUM of Courses Completed</i>		
<i>MC status</i>	Courses Attempted	Courses Completed
Non-Participant	432	382
Participant	400	350
<b>Grand Total</b>	<b>832</b>	<b>732</b>
<i>COUNTA of students who have declared major</i>		
<i>MC status</i>	N	Y
Non-Participant	45	300
Participant	25	225
<b>Grand Total</b>	<b>70</b>	<b>525</b>

# CREATING A PIVOT TABLE



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# Calculations

**Percent of Courses Completed =**  
**Courses Completed / Courses Attempted**

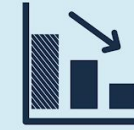
# SUMMARIZING & CALCULATING DATA



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**STEP 01****STEP 02****STEP 03****STEP 04****STEP 05****STEP 06**

# Articulate impact statements

Course Completion Rates by Term				
	Total Courses Completed	Total Courses Attempted	% Of Courses Completed	Completed 80% of Courses Attempted
MC Participant	350	400	87.50%	Yes
Institutional 5YR Average	650	950	68.42%	No

Students who are mentored have higher course completion rates in their first semester and in their first year than the overall five year average.

STEP 01



STEP 02



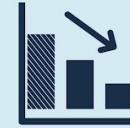
STEP 03



STEP 04



STEP 05



STEP 06



## Articulate impact statements

Percent of Students Who Have Selected A Major							
	In the First Term and First Academic Year	Count of Students with a Selected Major	Count of Students without a Selected Major	Totals	% of Students who have Selected a Major	% of Students who have Not Selected a Major	80% of Students Declared Major
MC participant	First Term	225	25	250	90%	10%	Yes
	First Academic Year	125	10	135	93%	7%	Yes
Institutional 5YR Average	First Term	150	75	225	67%	33%	No
	First Academic Year	445	125	570	78%	22%	No

Mentored students are more likely to declare their major in the first term or first year than students typically do (when looking at the five year average).



# What Can You Do With These Findings?

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# Final Tips for Success

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- ❏ Share the data
- ❏ Shift from sharing to collective problem solving
- ❏ Identify areas to celebrate
- ❏ Add narrative to the numbers



# How are we feeling?

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**Q&A**



# Additional Resources

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- See the full **Impact Analysis Guidelines** in our Partner Knowledge Center.
- Looking for 1:1 support? **Bring your data questions** to our small-group “Ask the Expert” session on October 28.
- Unsure how to do a **VLOOKUP or build a pivot table**? We’ve got you covered in our “Using Data Exports” Partner Knowledge Center article.
- Stay tuned for the recording and more follow-up content.
- Email Partner Support for quick responses to data questions:  
[partnersupport@mentorcollective.org](mailto:partnersupport@mentorcollective.org).



**Thank you!**

