



# Assess the Impact of Mentorship on Academic Progress



# A guide to best practices and tips to make your virtual experience seamless

- Upon entry, audio is on mute
- Ensure your camera is on
- Adjust your video layout to speaker view
- Chat your name and institution!
- Q&A at the end



# During this event, you'll learn:

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- How to **conduct your own impact analysis** connecting mentorship to academic progress
- Multiple approaches to using your data within your institution to **enhance the effectiveness** of your mentorship programs and student success strategy
- **Practical ways to translate data** findings into initiatives that create stronger, more inclusive learning environments



# Let's get to know each other

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# Meet the Research Team



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American University  
New England College



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Vice President, Partner Success  
Mentor Collective



# How do we measure academic progress?



- Credit accumulation
- Credit completion rate
- Selection of a program of study
- GPA
- Retention rate
- Persistence rate



Source: <https://www.ihep.org/press/toward-convergence/>

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# What we know:

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- **Academic self-efficacy** is closely associated with academic performance.
- Help-seeking behavior is tied to overcoming challenges and achieving academic outcomes, however there is evidence that students needing the most help may not seek it.
- Studies show that students receiving mentorship had **better average grades** and **passed more courses** in year one of their program of study
- Mentorship has been demonstrated to be an effective intervention in **increasing help-seeking behavior** through social normalizing and increased awareness of resources



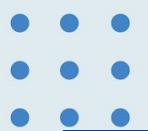
# Understanding Impact Through Analysis



# Suggestions for Understanding Impact



- What is the number of first-time, full-time, students who complete 80% of courses attempted each semester?
- What is the number of first-time, full-time students who earn 30 credit hours each academic year?
- What is the number of undecided students in term 2, term 3, and term 4?
- What percent of students choose a major after one semester?
- What percent of students choose a major after one year?



- What would be a meaningful difference from baseline?
- What results would you expect or hope for from mentees? Mentors?
- How does that target differ by subpopulation?



SET A  
MEANINGFUL  
TARGET



For students who are mentored and matched...

***Academic progress and academic self-efficacy***

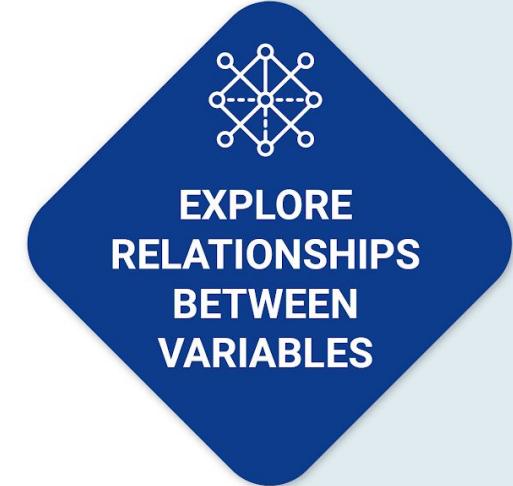
- What is the most recent academic progress score for students with low, medium, or high academic self-efficacy?

***Academic progress and academic help-seeking***

- What is the most recent academic progress score for students with low, medium, or high academic help seeking?

***Academic progress and demographic status***

- What is the most recent academic progress score for participating students based on demographic status, such as gender, versus non-participating students by the same demographic status?





## MAKE AN ACTION PLAN

Actionable data	Strategies	Target	Person Responsible	Due Date
Transfer students who are mentored have higher academic progress indicators than the five-year institutional average.	Maintain our mentoring program to foster transfer student success.  Share findings with this year's mentees and mentors, next year's mentees, Provost's Council, Student Affairs Leadership Team, and Student Organizations.	Maintain our current academic progress indicators targets.	Mentor program coordinator  Dean of Student Success	5/30/2025  8/30/2024



# Conduct Your Own Impact Analysis





# 6 Steps for Impact Analysis

## STEP 01



Clearly identify the populations and the timeframe

## STEP 02



Identify the relevant fields needed

## STEP 03



Obtain and merge data

## STEP 04



Create a pivot table

## STEP 05



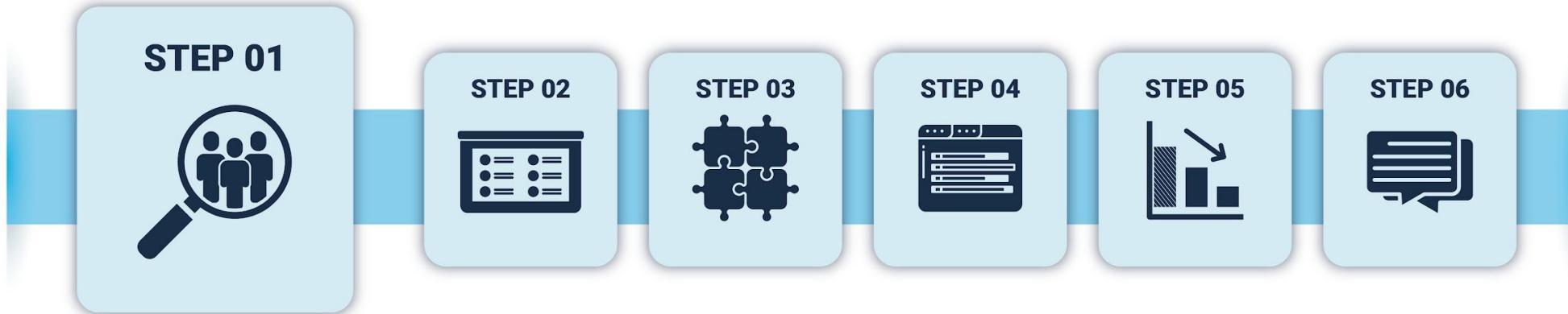
Reduce the data

## STEP 06



Articulate impact statements





## Identify populations and timeframe

- **Population:** First-time, full-time students in their first term of enrollment were given a mentor.
- **Timeframe:** The analysis includes students enrolled in fall of 2023 and spring of 2024.





# Identify relevant fields

## From MC:

**Institution ID\***

Role

Program Status

(Any other data you  
want to relate!)

## From SIS:

**Institution ID\***

Institution-Provided Email

Courses (or Credits) Attempted

Courses (or Credits) Completed

First Term of Enrollment

Current Term of Enrollment

Declared major (y/n)

Term G.P.A.

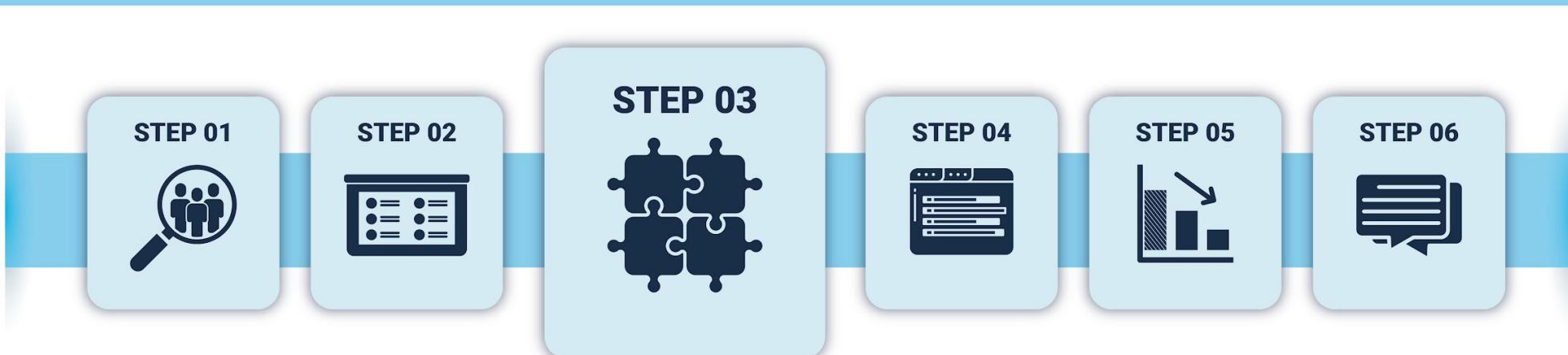
Cumulative G.P.A.

Meaningful Demographic  
Variables

# GATHERING & PREPARING DATA

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# Obtain and merge data

University ID	Campus Adr	Mentor Colle	Role	Program Sta	Race/Ethnic	Gender	First Genera	Credits Atte	Credits Earn	Courses Cor	Courses Attr	Delcared Ma
599988	sonia.abraham@2056599		Mentee	matched	White	Male	N	15	12	4	5	Y
368618	diane.allan@upli 1973959		Mentee	matched	White	Male	N	3	3	1	1	Y
944929	gordon.allan@up 423157		Mentee	matched	White	Female	N	12	12	4	4	Y
304165	stephen.allan@u 1971029		Mentee	matched	Hispanic/Latino	Male	N	6	6	2	2	Y
643411	harry.alsop@upli 1973699		Mentee	matched	White	Male	N	3	0	0	1	Y
469016	tracey.alsop@up 718740		Mentee	matched	White	Female	Y	6	6	2	2	Y
581327	alexander.anders 984037		Mentee	invited	White	Female	N	6	3	1	2	Y
876933	kevin.anderson@ 830303		Mentee	matched	White	Male	N	6	6	2	2	Y
710486	heather.anderso 1971074		Mentee	matched	White	Female	Y	3	3	1	1	Y
223819	rachel.anderson@ 423120		Mentee	invited	White	Female	N	6	6	2	2	Y
310049	elizabeth.anders 1971462		Mentee	matched	Hispanic/Latino	Female	N	6	6	2	2	Y
410643	nicholas.andersc 1971354		Mentee	matched	White	Male	N	15	15	5	5	Y



# MERGING DATA

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# Create a pivot table

*SUM of Courses Completed*

MC status	Courses Attempted	Courses Completed
Non-Participant	432	382
Participant	400	350
<b>Grand Total</b>	<b>832</b>	<b>732</b>

*COUNTA of students who have declared major*

MC status	N	Y
Non-Participant	45	300
Participant	25	225
<b>Grand Total</b>	<b>70</b>	<b>525</b>



# CREATING A PIVOT TABLE

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# Calculations

**Percent of Courses Completed =**

**Courses Completed / Courses Attempted**



# SUMMARIZING & CALCULATING DATA

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# Articulate impact statements

Course Completion Rates by Term				
	Total Courses Completed	Total Courses Attempted	% Of Courses Completed	Completed 80% of Courses Attempted
MC Participant	350	400	87.50%	Yes
Institutional 5YR Average	650	950	68.42%	No

Students who are mentored have higher course completion rates in their first semester and in their first year than the overall five year average.





# Articulate impact statements

Percent of Students Who Have Selected A Major							
	In the First Term and First Academic Year	Count of Students with a Selected Major	Count of Students without a Selected Major	Totals	% of Students who have Selected a Major	% of Students who have Not Selected a Major	80% of Students Declared Major
MC participant	First Term	225	25	250	90%	10%	Yes
	First Academic Year	125	10	135	93%	7%	Yes
Institutional 5YR Average	First Term	150	75	225	67%	33%	No
	First Academic Year	445	125	570	78%	22%	No

Mentored students are more likely to declare their major in the first term or first year than students typically do (when looking at the five year average).

# What Can You Do With These Findings?



# Final Tips for Success

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- ❑ Share the data
- ❑ Shift from sharing to collective problem solving
- ❑ Identify areas to celebrate
- ❑ Add narrative to the numbers



# How are we feeling?

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# Q&A



# Additional Resources

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- See the full **Impact Analysis Guidelines** in our Partner Knowledge Center.
- Looking for 1:1 support? **Bring your data questions** to our small-group “Ask the Expert” session on October 28.
- Unsure how to do a **VLOOKUP or build a pivot table?** We’ve got you covered in our “Using Data Exports” Partner Knowledge Center article.
- Stay tuned for the recording and more follow-up content.
- Email Partner Support for quick responses to data questions:  
**[partnersupport@mentorcollective.org](mailto:partnersupport@mentorcollective.org)**.



Thank you!

